

Hi everyone,

Thanks again for joining us in a few days. The performance list looks amazing: excited for another fast and fun meet this weekend!

Here are your Final Instructions:

1- Meet Location. The meet will be at Ridge Stadium at 268 S Finley Ave, Basking Ridge NJ 07920.

2- Time Schedule. [Can be found here](#). Please note we've pushed the starting time back a bit to ensure the best possible competition conditions. We hope to go no more than five minutes ahead or behind, and **any updates will be posted in this Google Doc, so please check it frequently**. We recommend arriving two hours before your event.

3- Personalized bibs. Upon arrival, please go to the registration tent to get your personalized bib and pins.

4- Performance List. Please see attached. This excludes any late Wednesday registrants who will be added today. A few times will be updated.

5- Combining heats. In some cases, we will combine divisions into one heat. This will not affect medaling. Just be sure you registered in the right division so you get the medal you earn!

6- Results. All heat sheets, performance lists, results, etc. will be found on the [Blue Ridge Timing website here](#).

7- Blocks. We will provide blocks, but you may bring and use your own.

8- Requesting Songs. Our meet announcer, Michael Twist, will do an even better job if you fill out a trading card and make music requests in advance. [You can do that here by making a profile](#).

9- Gear Drive. Please bring any used track gear in bags and drop off at the registration tent. Thank you!

10- Video. Please follow our talented videographer at @aarontries. We're excited to catch and publish some great content this weekend.

11- Photography. Our talented photographer, @jasontimochko, will also be capturing and publishing Google Folders shortly after the meet.

12- Meet Apparel. Gary's Shirts will be available for meet shirts, hoodies, and other gear both days. Overall HS winners go here for their Champion Shirts!

13- Implement weigh in. This will be done on site 1-2 hours before each event.

14- Chocolate Milk Mile. Will be held at the conclusion of the meet on Saturday!

15- Questions. If you have any pressing questions, please email us ASAP. Meet prep and set-up will make it hard to respond quickly, but we'll do our best!

16- See something wrong? [Please complete this change form \(seed, division, etc\) ASAP.](#)

17- Facility Map. We will have this [finalized and posted here](#) by later today.

18- 100m/200m Finals. There will be a one heat, 8-athlete final in the 100m, and a 2 heat, 8-athlete final in the 200m.

19- Concessions. There will be a concession stand open near the bathrooms. See the facility map for exact locations.

Looking forward to a great meet this weekend!

Chuck